



THE CYBERABILITY TRAINING

Getting Started

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Setting Up Your Training Account

The CYBERABILITY Project homepage is cyberability.org.au. There is a link to the free training there, or you can access the training by clicking the link below:



<https://cyberability.moodlecloud.com/login/index.php>

1. Our training is hosted by Moodle Cloud.

When you first access the CyberABlility training you will see this webpage:



CYBERABILITY

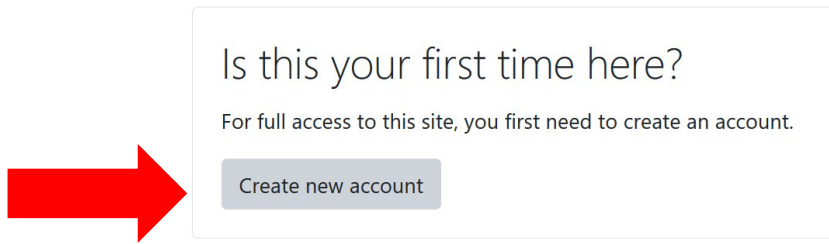
☐ Remember username

[Forgotten your username or password?](#)
Cookies must be enabled in your browser 

Is this your first time here?

For full access to this site, you first need to create an account.

2. To set up your training profile click **Create new account**.



3. You will now see the MoodleCloud policy page number 1. Scroll down to the end and Click Next. The button is located on the bottom left of the page.



4. You will now see the MoodleCloud policy page number 2. Scroll down to the end and click Next. The button is located on the bottom left of the page.



5. You will now see the consent page. Tick the two boxes on the left-hand side that say 'I agree to the MoodleCloud policy'.

Consent

Please agree to the following policies

MoodleCloud policy

Please refer to the full [MoodleCloud policy](#) if you would like to review the text.

☒ I agree to the MoodleCloud policy 

MoodleCloud cookies policy

Please refer to the full [MoodleCloud cookies policy](#) if you would like to review the text.

☒ I agree to the MoodleCloud cookies policy 

There are required fields in this form marked  .

Next

Cancel

6. Then click **Next**.

7. Now it is time to create your training account, you should see this webpage on your screen.


CYBERABILITY

New account

 Collapse all

▼ Choose your username and password

Username 

Password 

▼ More details

Email address 

Email (again) 

First name 

Surname 

City/town

Country

Create my new account

Cancel

There are required fields in this form marked  .

8. Create a Username and Password and type these into the boxes.
The username needs to be all in lowercase.
It may be a good idea to write these down somewhere safe.

▼ Choose your username and password

Username	!	
Password	!	

9. Now enter in your **email address**, **do it again** to confirm. Then enter in your **first name** and **surname**. You can also type in the city or town where you live.

▼ More details

Email address	!	
Email (again)	!	
First name	!	
Surname	!	
City/town		
Country		Australia

10. Now click **Create my new account**.

Create my new account

- 11.** You will now see a message on your screen telling you that an email has been sent to you with your new training account.

An email should have been sent to your address at

It contains easy instructions to complete your registration.

If you continue to have difficulty, contact the site administrator.

Continue

- 12.** Click **Continue**.

Continue

- 13.** You will now need to go to your email inbox and check for the email you received from MoodleCloud. See the example below. Click the link in the email to confirm it is you and to finalise the setup of your training account.

Hi,

A new account has been requested at 'My new Moodle site' using your email address.

To confirm your new account, please go to this web address:



<https://cyberability.moodlecloud.com/login/confirm.php?data=pVvjUh06fJGtKl9/kye2>

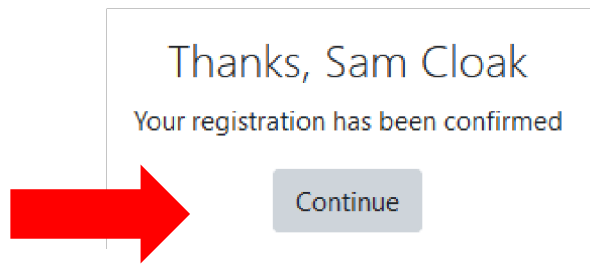
In most mail programs, this should appear as a blue link which you can just click on. If that doesn't work, then cut and paste the address into the address line at the top of your web browser window.

If you need help, please contact the site administrator,

Admin User



- 14.** You should now see a thank you message, click the 'Continue' button to proceed.



- 15.** You should now see the available course on your screen. Click the blue writing that says "CYBERABILITY: Learn how to safely navigate online risks after brain injury".

Available courses

♥ CYBERABILITY: Learn how to safely navigate online risks after brain injury

- 16.** You will now see the enrolment page. This is where you will enrol into your training by clicking the blue 'Enrol me' button.

Enrolment options

♥ CYBERABILITY: Learn how to safely navigate online risks after brain injury

▼ Self enrolment (Trainee)

No enrolment key required.



Congratulations you are now enrolled in the CYBERABILITY Training!

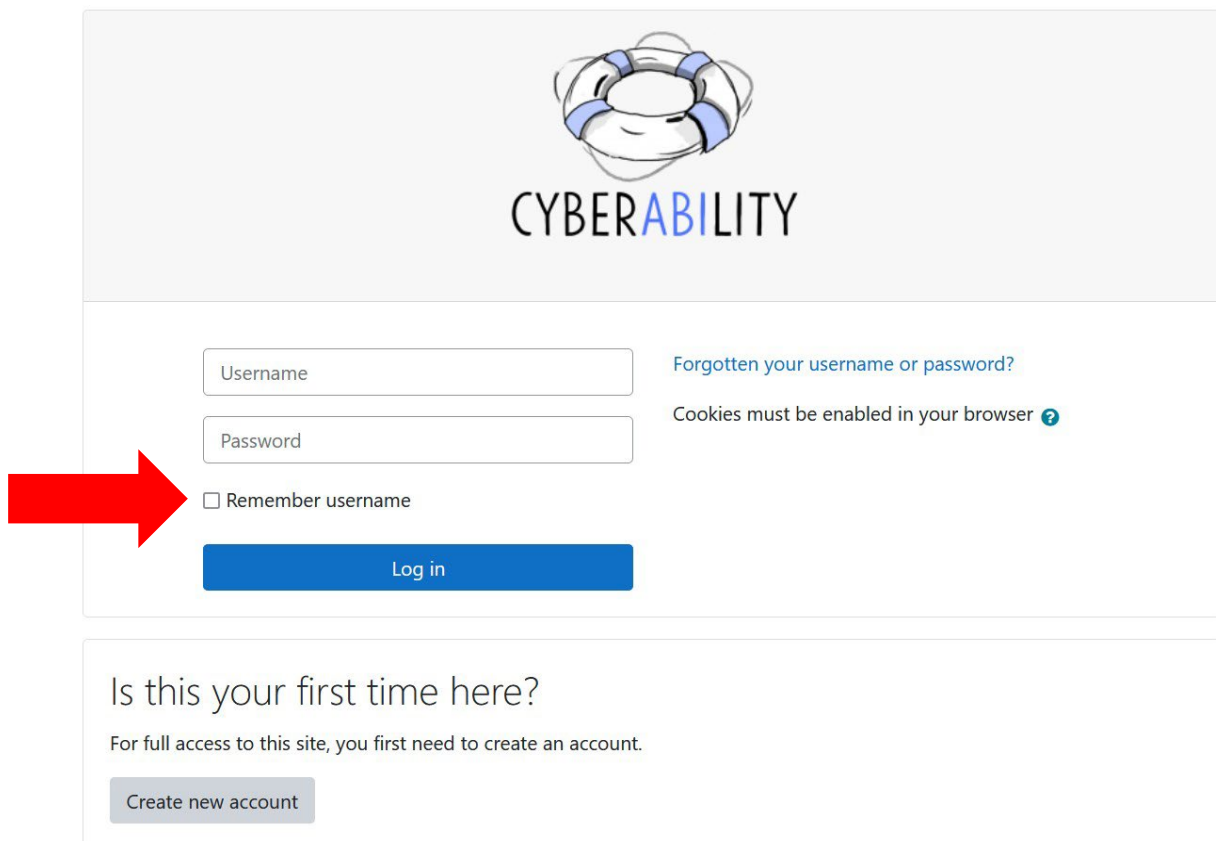
Returning to The Training

1. To return to your training, you use the same link:

<https://cyberability.moodlecloud.com/login/index.php>

It's a great idea to add this page into your bookmarks or favourites folder for easy access.

2. Then enter in your **username** and **password** and click the **remember username box**, to make accessing the training later on easier.



The screenshot shows the CYBERABILITY login interface. At the top is the CYBERABILITY logo, which consists of a stylized blue and white lifebuoy above the word 'CYBERABILITY' in a sans-serif font. Below the logo are two input fields: 'Username' and 'Password'. To the right of these fields are two links: 'Forgotten your username or password?' and 'Cookies must be enabled in your browser ?'. Below the 'Password' field is a checkbox labeled 'Remember username', which is highlighted by a large red arrow. Below the checkbox is a blue 'Log in' button. At the bottom of the form is a section titled 'Is this your first time here?' with the text 'For full access to this site, you first need to create an account.' and a grey 'Create new account' button.

3. Then you click the blue 'Log in' button to access your training.



The Training Home Page

1. When you log in, you will see your available course, click the blue writing that says **CYBERABILITY: Learn how to safely navigate online risks after brain injury**.

Available courses

- 🧭 CYBERABILITY: Learn how to safely navigate online risks after brain injury

2. You will now see the CYBERABILITY home page.



Welcome to the CYBERABILITY Training!

All Captains need their own map. Before we set sail, click below to download your personal CYBERABILITY Plan (your 'map') to guide you through your training.

[> My CYBERABILITY Plan](#)

How Cyber Safe are you? Before you begin your training, test your knowledge on the [Pre-Quiz](#).

[> Pre-Quiz](#)

Let's set sail! Click each of the topics below to work through the training.



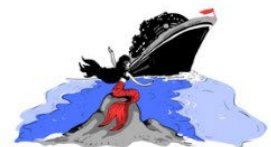
1. What is a Scam



2. Scams and Brain Injury



3. What are Red Flags



4. Romance Scams



5. Gaining Access Scams



6. Tips for Increasing CYBERABILITY



7. Stopping a Scam



8. Finding the Silver Lining



Your Personal CYBERABILITY Plan

To help you make the most of the training, complete your personal CYBERABILITY plan.

Download the document by clicking the blue text that says [My CYBERABILITY Plan](#).

All Captains need their own map. Before we set sail, click below to download your personal CYBERABILITY Plan (your 'map') to guide you through your training.
> [My CYBERABILITY Plan](#)

You can print this out or use the digital version to write down notes, thoughts and ideas.

If you would like a printed copy of the plan, please contact us at cyberability@monash.edu

The CYBERABILITY Quiz

Before you start the training, test your knowledge with the Pre-Quiz, by clicking the blue text that says [Pre-Quiz](#). This also helps us learn about you.

How Cyber Safe are you? Before you begin your training, test your knowledge on the [Pre-Quiz](#).
> [Pre-Quiz](#)

Congratulations, after completing the Pre-Quiz you are now ready to begin your voyage and increase your CYBERABILITY

Navigating the Online Training

Now that you are ready to set sail, let's go over how you can navigate your CYBERABILITY training voyage.



Accessing the training topics

Click on either the image or the blue text to access each of the topics.



1. What is a Scam



2. Scams and Brain Injury



3. What are Red Flags



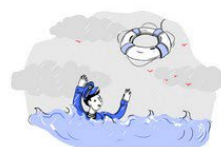
4. Romance Scams



5. Gaining Access Scams



6. Tips for Increasing CYBERABILITY



7. Stopping a Scam



8. Finding the Silver Lining

It is best to start at topic 1 and work your way in order to topic 8. You can repeat each topic as many times as you like.



Navigation

Navigation buttons are at the top of each topic page. This is where you can go to the Next topic, Go back, or Return to the Menu.



[Click to go back](#)



[Click to go to the Menu](#)



[Click to go to the next topic](#)



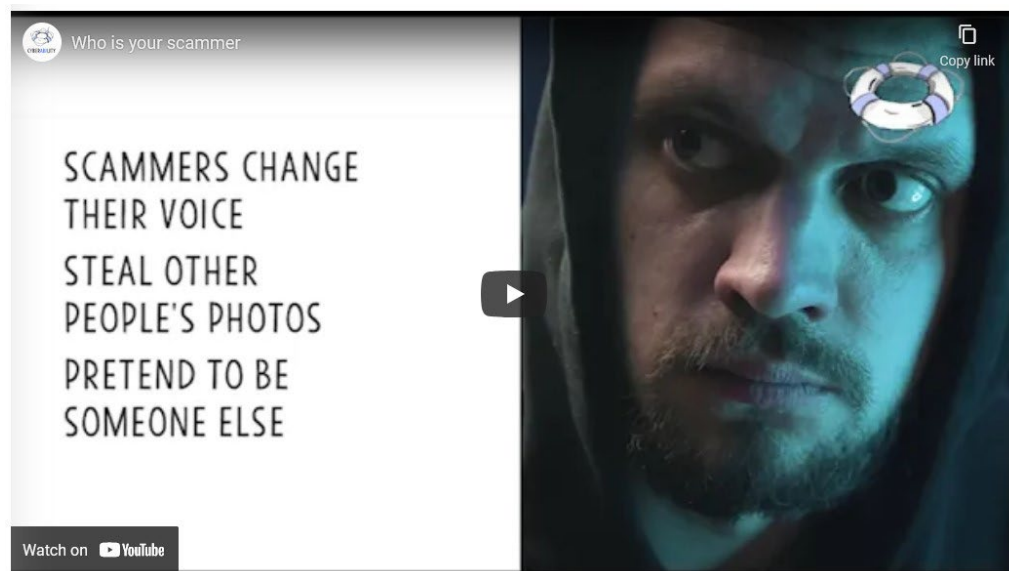
Videos and Pro Tips



Videos

As you look through each topic there will be videos. Make sure you click on each one to hear from people with living experience.

Closed Captions are available in each video, just like on YouTube. A written transcript is also available underneath each video.



Pro Tips

You will notice throughout the training there are Pro Tips.

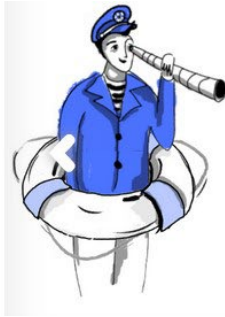


PRO
TIP!



Click the button on the right to reveal each Pro Tip.





If you are not sure whether it's a scam,
ask someone you trust.



How many Pro Tips will you discover? Try to reveal them all!

Art Musings and Badges

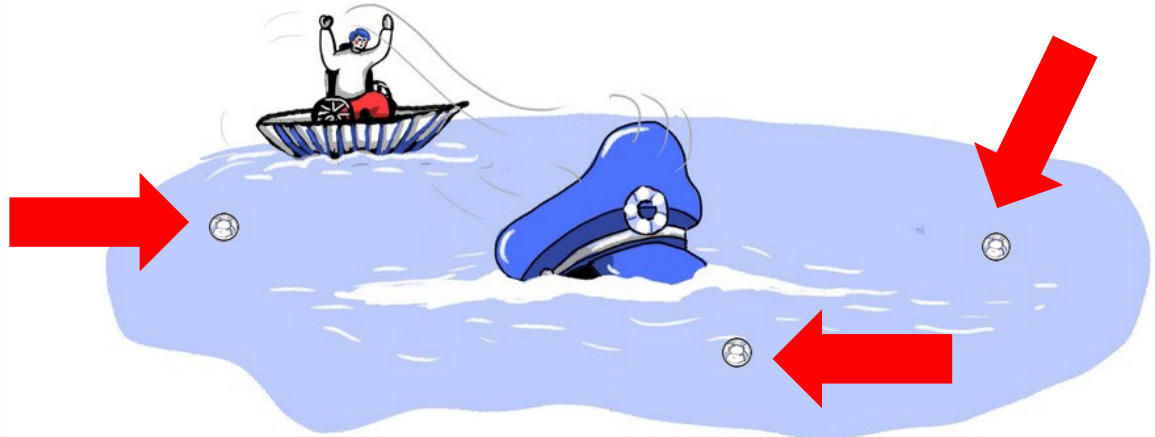
There are visual treasures and rewards to collect during your training.



Art Musings

Each topic has an illustration we created to connect with the nautical metaphor. You may notice life rings on some pictures:

Click the life rings  to see the different meanings behind this image



Scams and Brain Injury

Click on each life ring to see reflections on the picture by people with living experience of brain injury and scams.



Click to view quote on image interpretation

"It could be a captain that's lost, or it could be a captain that is lost in the boat. Either in the boat or on the water, you can't pick it. Anybody can get scammed." - Nathan ABI

How do you interpret the pictures?



Badges

On the menu page, on the left-hand side is a section called badges.

Latest badges

You have no badges to display

As you complete each CYBERABILITY topic, you will earn your badge.

Latest badges



Finding the Silver
Lining



Increasing
Cyberability



Stopping a Scam

How many will you collect? Can you collect all 8 badges?



Post-Training Quiz

After completing all 8 training topics, make sure you do the post quiz, by clicking the blue text that says Post-Quiz on the Home Page.

Congratulations on increasing your CYBERABILITY!

Please do the [Post-Quiz](#) to test you skills and give us your feedback.

> [Post-Quiz](#)

You can compare your score to your pre-quiz, to see how much you've learnt about staying safe from scams. Please also provide us with any feedback about what you liked and what could be improved about the training.

Certificate

After completing the post-quiz, you can access your training certificate

1. At the bottom of the menu, click on the blue text that says Certificate of completion

Now that you have completed everything, download your [Certificate of Completion](#).

> [Certificate of Completion](#)

2. You will now see this on your screen. Click the blue 'View your certificate' button

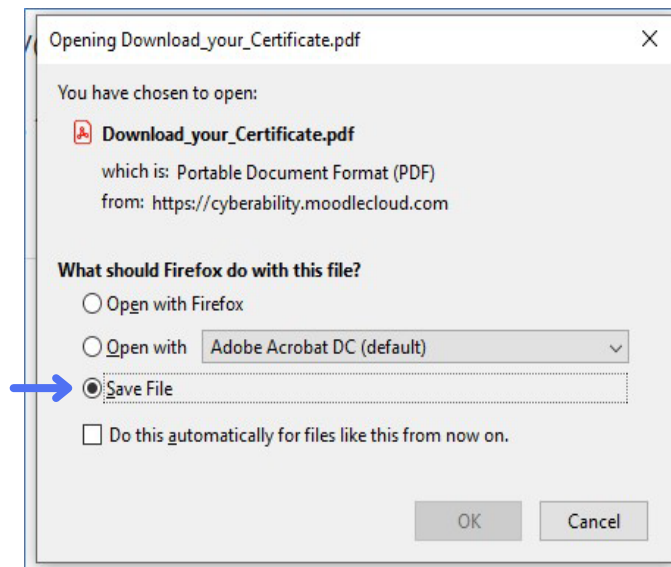
Download your Certificate

Awarded on: Monday, 11 October 2021, 2:56 PM

[View certificate](#)



3. A pop-up will appear, click save to download your certificate.



4. Then open the file and print it out.



Now you can show off to your friends and family how you've learnt to Stay Scam Safe!